

Fall-Free Fact

with the Area Agency on Aging District 7 (AAA7)
and Shawnee State University
Occupational Therapy Program

**Many types of shoes can be
unsafe and contribute to falls.**

**Learn more about proper footwear
by watching our recorded broadcast
on Facebook or visiting our
website at www.aaa7.org - click on
the "Fall-Free Fridays" promo box
and look for the information for the
October 2nd episode.**